

PENUICHE TWIST SOCKS



Cynthia Levy
Redtigerdesigns
www.redtigerdesigns.weebly.com
linktr.ee/Redtigerdesigns
Ravelry: Redtiger



Yarn:

400 yards (366 meters) fingering weight yarn

Sample Socks:

Barking Dog Yarns Achilles
colorway: Caramel Apple

Needles:

2.5 mm (US 1½) double point needles
2.75 mm (US 2) double point needles
small cable needle

Gauge:

7½ stitches and 11 rounds = 1 inch in stockinette on 2.75 mm needles

These comfortable socks feature an elegant cable pattern interacting with basic ribbing.

The pattern requires attention to the cable charts but is enjoyable and rewarding to knit. Feel free to rearrange stitches on the needles as necessary to facilitate knitting of the cables.

Notes re Sizing:

*Finished Size = woman's medium
foot length = 8½ inches
leg length = 9 inches; adjustable*

The sizing of this sock is best adjusted by changing needle size.

Cuff:

Using 2.5 mm double point needles, cast on 70 stitches. Distribute stitches among 4 needles and join for knitting in the round.

Work in ribbing following round 1 of Chart A until ribbing measures 1 inch in length.



Leg:

Change to 2.75 mm needles. Work in transition pattern, following Charts B1 and B2, for one full repeat. For the left sock, work Chart B1 over the first 35 stitches and Chart B2 over the remaining 35 stitches. For the right sock, work Chart B2 over the first 35 stitches and Chart B1 over the remaining 35 stitches. Note that the total stitch count increases from 70 to 80 stitches over Charts B1 and B2.

Work leg in pattern, following Charts C1 and C2, for 3 full repeats. For the left sock, work Chart C1 over the first 40 stitches and Chart C2 over the remaining 40 stitches. For the right sock, work Chart C2 over the first 40 stitches and Chart C1 over the remaining 40 stitches. After 3 repeats of chart, sock will measure approximately 6¼ inches in length.

Heel Flap:

Rearrange stitches on needles: Purl the first stitch of the next round and add it to the last round. Combine the next 38 stitches onto one needle. The heel flap will be worked across these stitches. Reserve the remaining 42 stitches for the instep.

Setup Row #1: Slip 1, K1, p2tog, K2, P2, k2tog, K2, k2tog, P2, K2, P2, K2, P2, k2tog, K2, k2tog, P2, K2, p2tog, K2. Turn. 32 heel stitches remain.

Setup Row #2: Slip 1, purl to end.

Row 1: Slip 1, knit 1. Repeat to end. Turn.

Row 2: Slip 1, purl to end. Turn.

Repeat rows 1 and 2 for a total of 28 rows.

The heel flap will be approximately 2¼ inches in length.

Turn Heel:

Row 1: Slip 1, knit 20, ssk. Turn.

Row 2: Slip 1, purl 10, p2tog. Turn.

Row 3: Slip 1, knit 10, ssk. Turn.

Repeat rows 2 and 3 until all stitches have been used.

12 stitches remain.



Gusset:

Needle #1: Knit across remaining 12 heel stitches. Pick up and knit into back of 16 slipped stitches along heel flap. Pick up and knit into back of 1 extra stitch between heel flap and instep.

Needle #2: Work in pattern, following Chart D1 for left sock and Chart D2 for right sock.

Needle #3: Continue in pattern as established in Chart D1 or D2.

Needle #4: Pick up and knit into back of 1 extra stitch between instep and heel flap. Pick up and knit into back of 16 slipped stitches along heel flap. Knit 6 stitches across heel flap.

23 heel/sole stitches on each of needles #1 and #4; 42 instep stitches on needles #2 and #3 combined. Rounds now start at the center of the heel/sole.

Work 1 round in pattern, as established following Chart D1 or D2 over instep, and in stockinette over heel/sole.

Gusset Decreases:

Round 1: Knit to last 2 stitches on needle #1, k2tog. Continue in pattern, as established following Chart D1 for left sock and Chart D2 for right sock, across needles #2 and #3. On needle #4, ssk, knit to end.

Round 2: Knit heel stitches on needles #1 and #4; continue in pattern on needles #2 and #3.

Round 3: Knit heel stitches on needles #1 and #4; continue in pattern on needles #2 and #3.

Repeat these 3 rounds until 15 stitches remain on each of needles #1 and #4. Two full repeats of Chart D1 or D2 will have been completed.

Foot:

Work in pattern following Chart E1 for left sock and Chart E2 for right sock for 1 full repeat. If necessary, repeat final round of Chart E1 or E2 until foot is 2 inches shorter than desired length.

Toe:

Transition Round: On needle #1: knit all 15 stitches. On needles #2 and #3: p2tog, K2, P1, K2, p2tog, K2, P1, K2, p2tog, K2, k2tog, K1, p2tog, K2, P1, K2, p2tog, K2, P1, K2, p2tog. On needle #4: knit all 15 stitches.

30 stitches remain.

Decrease Rounds:

On needle #1: knit to last 3 stitches, k2tog, knit 1. On needle #2: knit 1, ssk, knit to end. On needle #3: knit to last 3 stitches, k2tog, knit 1. On needle #4: knit 1, ssk, knit to end.

Work decrease round. Work 2 rounds.

Work decrease round. Work 1 round. Repeat twice.

Repeat decrease round until only 2 stitches will remain on each needle.

8 stitches remain.

Grafting the Toe:

The remaining 8 stitches are the stitches which provided the shaping for the toe decreases.

Combine the stitches from needles #1 and #2 onto a single needle. Combine the stitches from needles #3 and #4 onto another needle. Arranging the stitches in this manner aligns them so that the toe decreases extend smoothly along the sides of the foot and over the toe.

Use kitchener stitch to graft remaining stitches for toe.

Sew in ends.

This method grafts the toe stitches from side to side rather than from top to bottom. A tutorial including detailed photos is available at redtigerdesigns.weebly.com.





- purl

 m1 purlwise

■ grey no stitch



 p2tog

$k = \text{knit}$

p = purl

m1 purlwise = increase 1 by purling into back of strand before next stitch

3/3 RC = slip 3 to cable needle and hold to back, knit 3, knit 3 from cable needle

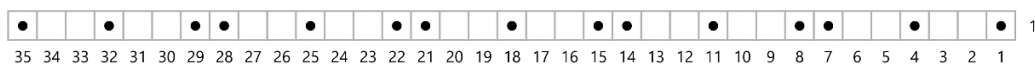
3/3 LC = slip 3 to cable needle and hold to front, knit 3, knit 3 from cable needle

k2tog = knit 2 together

p2tog = purl 2 together

ssk = slip 1 as if to knit, slip 1 as if to knit, knit slipped stitches together through back loops

Chart A: Ribbing (Both Socks)



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Chart B1: Transition to Leg (Front of Left Sock and Back of Right Sock)

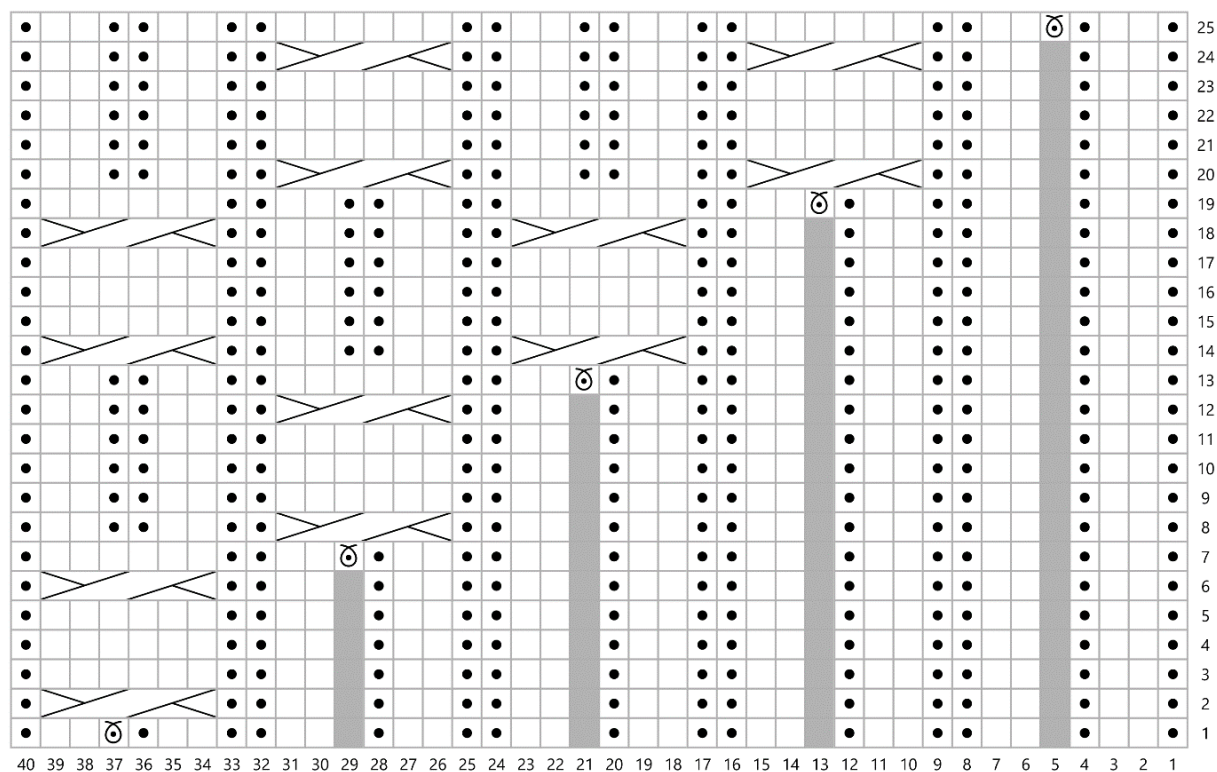


Chart B2: Transition to Leg (Back of Left Sock and Front of Right Sock)

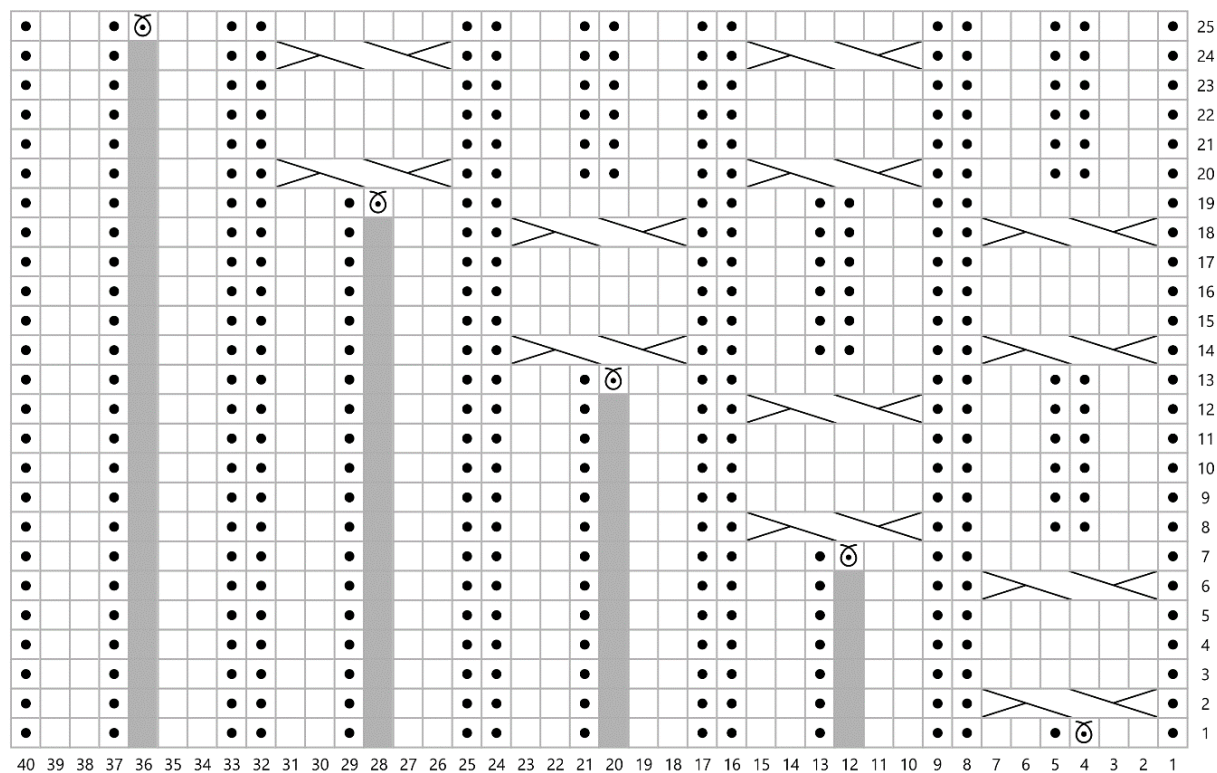


Chart C1: Leg (Front of Left Sock and Back of Right Sock)

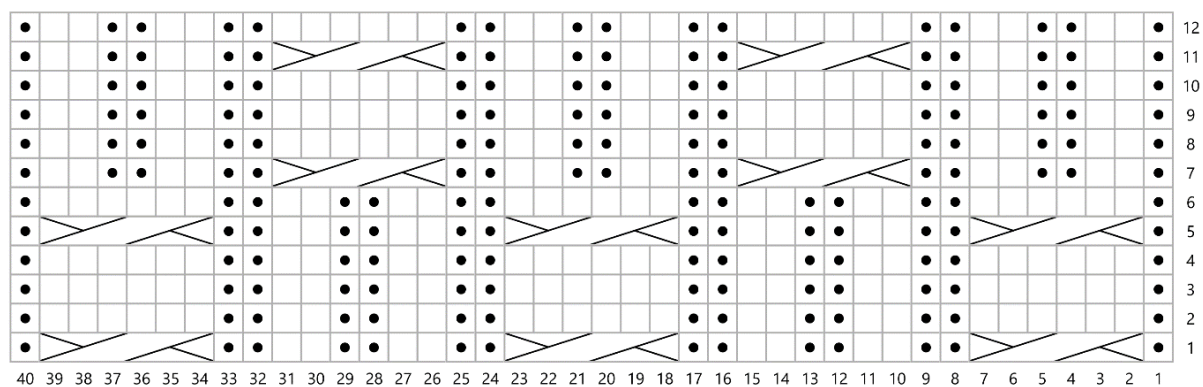


Chart C2: Leg (Back of Left Sock and Front of Right Sock)

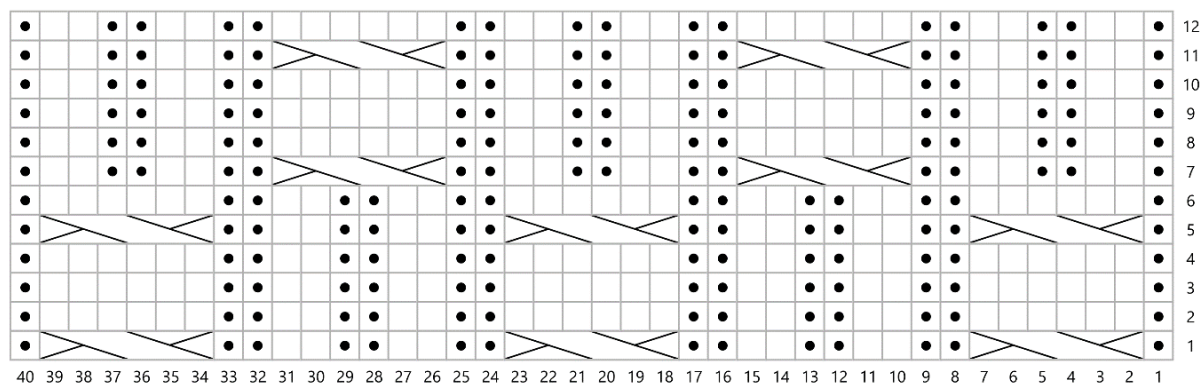


Chart D1: Gusset (Left Sock)

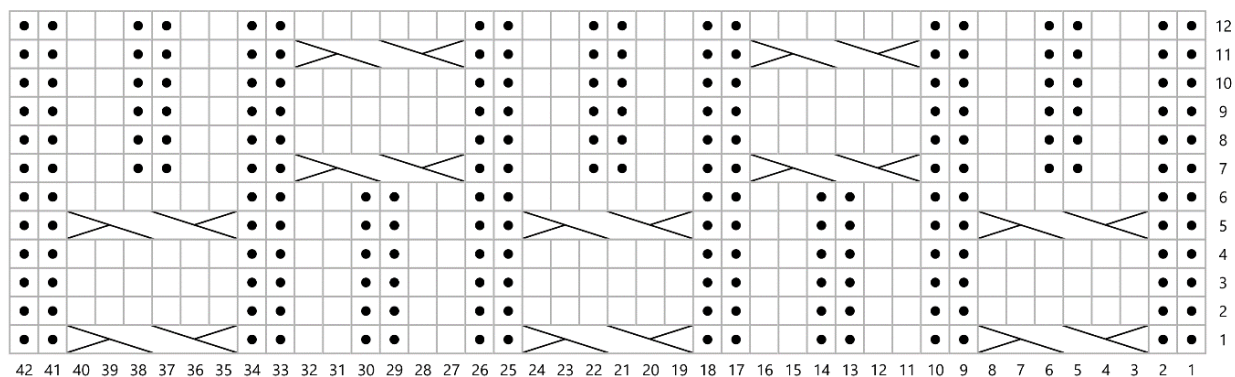


Chart E1: Instep (Left Sock)

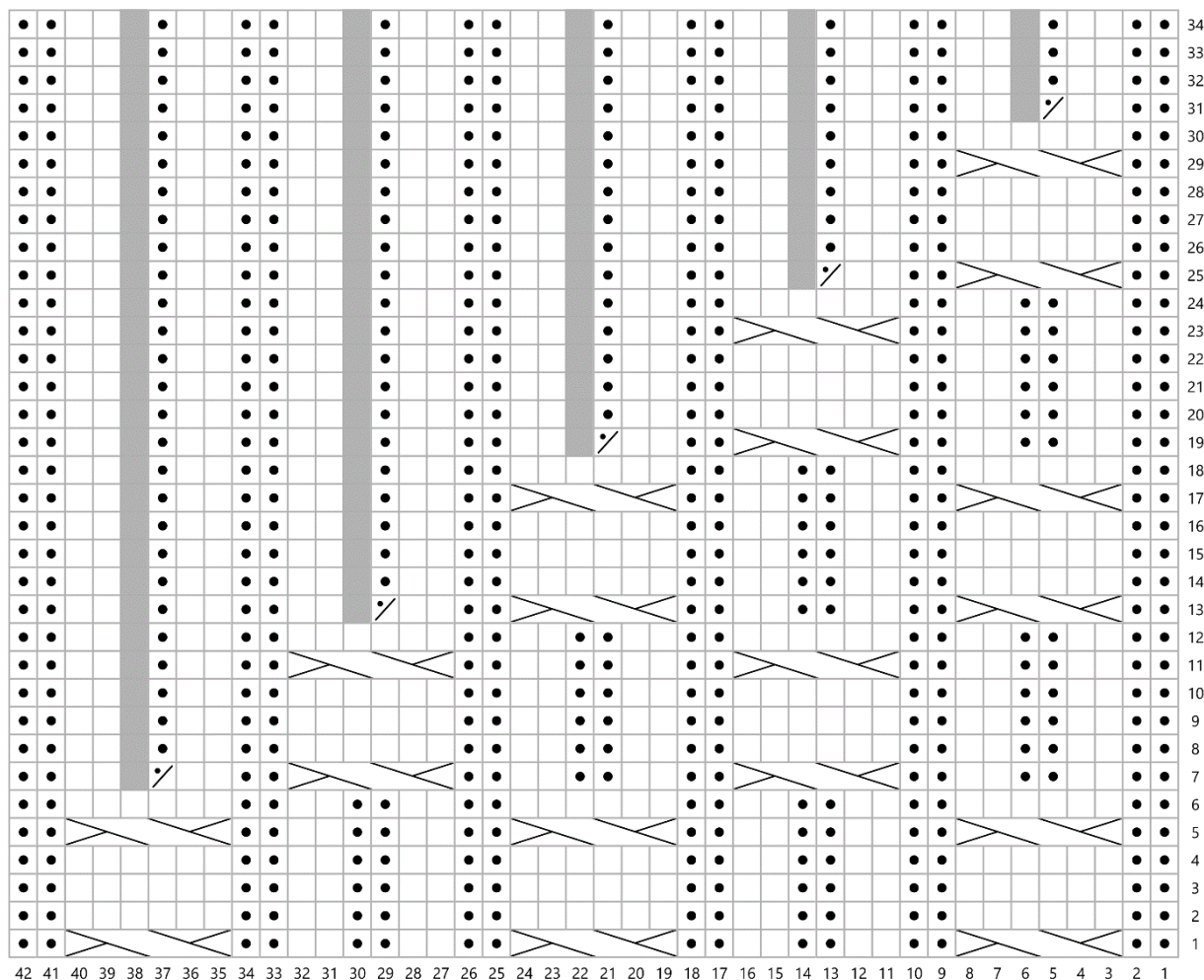


Chart D2: Gusset (Right Sock)

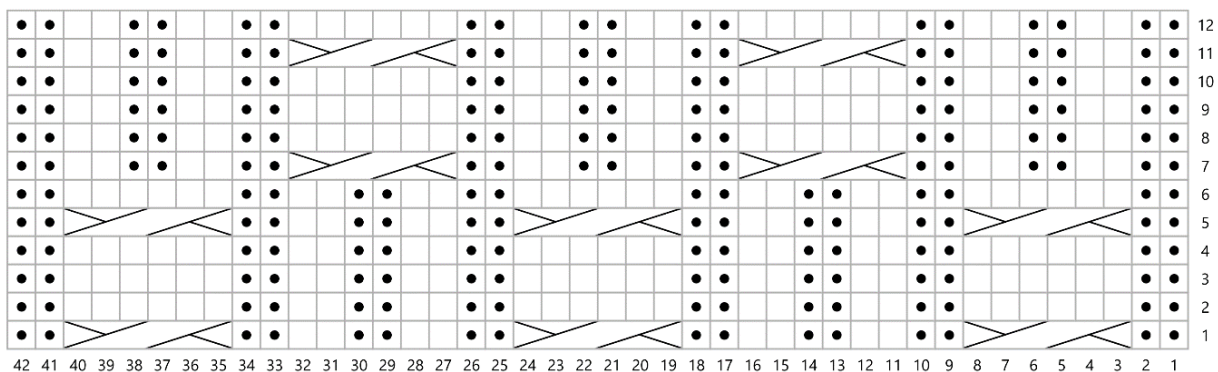
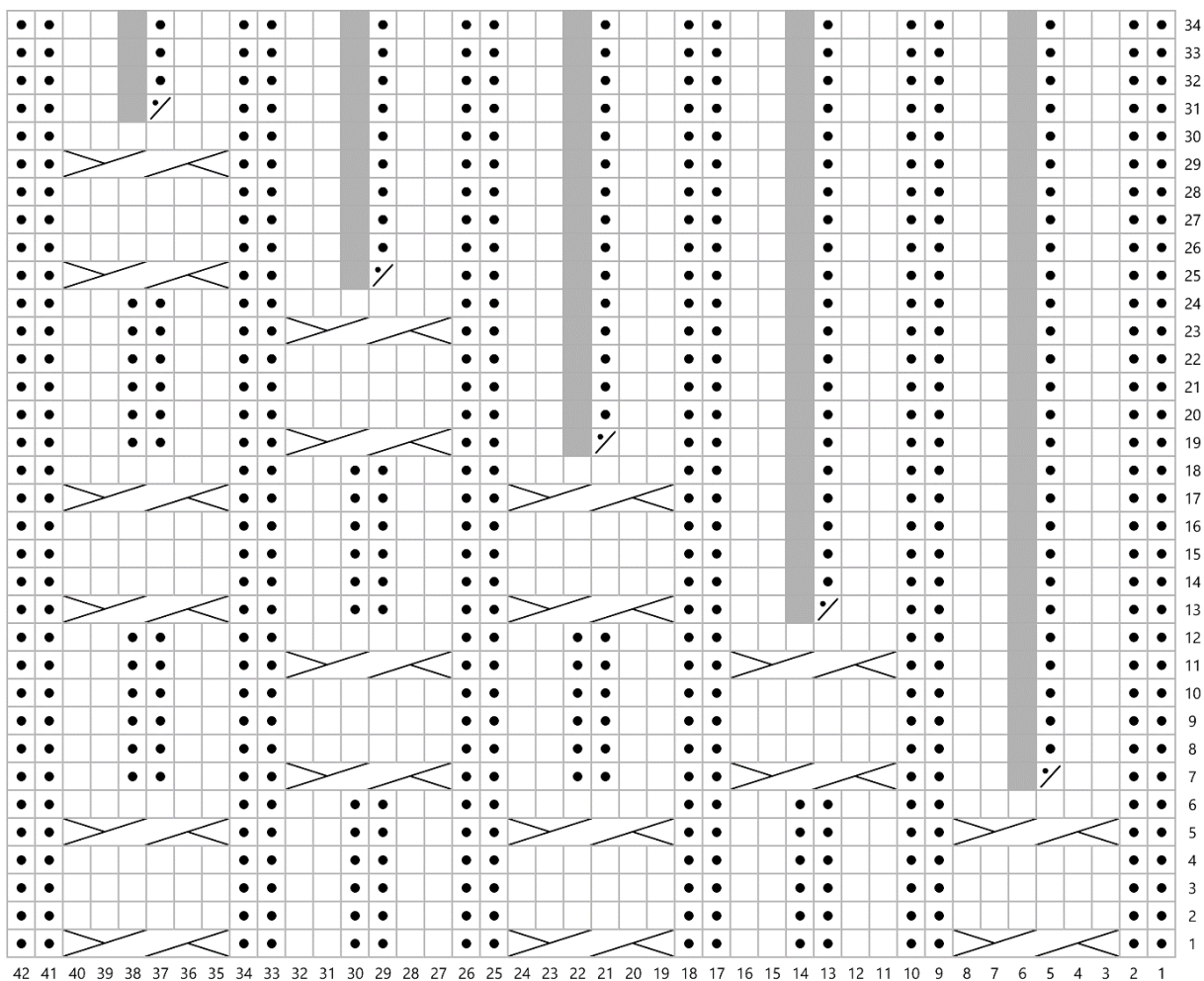
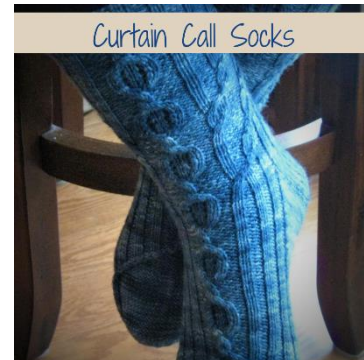
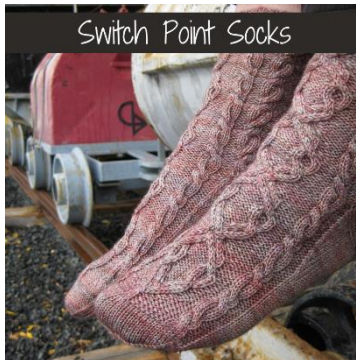
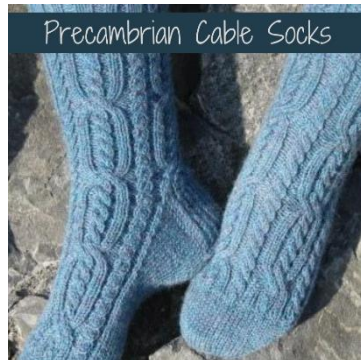
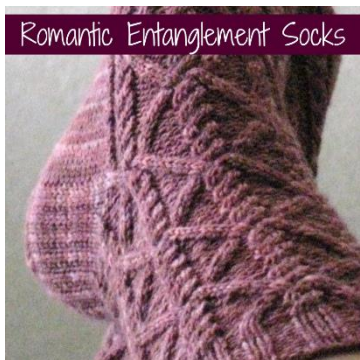


Chart E2: Instep (Right Sock)



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Cynthia resides in Yellowknife, Northwest Territories with her husband and the floatplane. When not enjoying outdoor adventure in the Canadian north, she keeps busy indulging obsessions with knitting, quilting, weaving and pottery. Scan the [QR code](#) opposite for links to her social media, pattern shops and more.



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