

INSERTING THRUMS

knitting tutorial

Warm knitwear is a necessity during cold winters! Thrummed mittens, aka fleece-stuffed mittens, originated in Newfoundland and Labrador but have become popular throughout North America and beyond. This tutorial provides instructions for inserting fleece thrums while knitting mittens or other cozy accessories.



Thrums are typically made from non-superwash wool roving and must be properly prepared before insertion while knitting mittens or other accessories. (Refer to my tutorial entitled "Preparing Thrums" for instructions on making thrums.)

Insert the right needle into the stitch below the next stitch on the left needle. Lay a thrum over the right needle being sure to keep the thrum centered over the needle so that the thrum ends are of equal length.

Pull the thrum through to the front of the work but leave it on the right needle. Bring the working yarn around behind the thrum and use the right needle to knit the next stitch from the left needle. That stitch will be directly above the partially inserted thrum.

Pass the thrum over the stitch just knitted. Tug the ends of the thrum gently to tighten and even the ends. The thrum will be locked into place covering a stitch in the round below.

The thrummed stitches will create a dotted pattern on the outside of the project and the thrum ends will collect to create a fleece layer inside the project.

Soft and fluffy thrums create the warmest and most consistent fleece layer inside mittens or other accessories.

After some wear, the thrums will felt together inside the knitted item to create a fleece lining that is warm and windproof.

