

SOCK CUFF BLOCKER

knitting tutorial

Since socks naturally stretch over the foot when worn, most socks are unlikely to need blocking except perhaps to counteract shrinking after laundering. Lace patterns, however, tend to show to better advantage after blocking. Depending on the location of lace within a sock pattern, you might occasionally desire to block a portion of a sock. This tutorial provides instructions for making a simple sock blocker designed specifically for blocking the upper cuff of a sock.



The materials necessary to make this sock blocker are readily available at minimal cost: a 341 ml frozen juice concentrate container and some 1" foam pipe insulation.

Ensure that the juice container has been emptied and thoroughly cleaned. Cut the pipe insulation into 2 pieces of 4½ inches in length.



Peel the protective film off the edges of the pipe insulation to expose the sticky edges. Spread the insulation open and place one piece around each side of the juice container. Line up the insulation with the bottom of the container. Align the sticky edges of the insulation and press them together to create a snug sleeve around the container.



Use the sock blocker in the same manner as a flat blocking board. Slide the cuff of your sock over the blocker and use blocking pins to stretch out your lace pattern as desired. Mist with water and allow to dry.

The sample in the photo is the cuff to one of my original sock designs: Winterlude Socks.

